STRENGTHS, NEEDS, ABILITIES, AND PREFERENCES

1. Strengths of Person Served:
   __________________________   __________________________
   __________________________   __________________________

   **Strengths:**
   What a person served has in their life that can support an increase in the quality of their life. They would typically be identified as supports within the environment.
   Examples of strengths:
   - A driver's license
   - A supportive healthy spouse
   - A college degree
   - A skilled trade

2. Needs of Person Served:
   __________________________   __________________________
   __________________________   __________________________

   **Needs:**
   What the person served needs to increase the quality of their lives and meet their goals and objectives.
   Examples of needs:
   - Transportation
   - Financial assistance/aid
   - Privacy in the home
   - Opportunities for social interaction
   - A safe place to live

3. Abilities of Persons Served:
   __________________________   __________________________
   __________________________   __________________________

   **Abilities:**
   What the person served demonstrates; individual attributes and/or skills:
   Examples of abilities:
   - Social interactive/people skills
   - Academic skills
   - Work skills

4. Preferences of Persons Served:
   __________________________   __________________________
   __________________________   __________________________

   **Preferences:**
   What the person served prefers in the provision of services and in meeting goals and objectives.
   Examples of preferences:
   - Individual counseling
   - A female counselor
SNAP

STRENGTHS
Accepts Guidance/Feedback
Capable of Independence
Clear Thinking
Confident
Expressive/Articulate
Good Personal Care Habits
Insightful
Integrated Moral Values
Intelligent
Motivated for Change
Physically Healthy
Positive Support Network
Reasonable Judgment
Reliable
Responsible
Sociable
Stable Living Environment
Stable Work History
Supportive Family
Varied Interests

NEEDS
Be More Responsible
Gain Insight
Improve Ethical/Moral Values
Improve My Social Skills
Leave My Negative Peer Group
Build a Support Network
Let Go of My Non-Supportive Family
Become More Motivated to Change
Be More Open/Articulate
Improve My Health
Have Better Hygiene/Grooming
Have Better Judgment
Be More Reliable
Find Employment
Expand My Interests