

**SYNOPSIS OF PATHFINDER FY2015 SUBSTANCE ABUSE OUTCOMES
AS PER THE DIVISION OF BEHAVIORAL HEALTH MIS DATA REPORT**

This report compares Pathfinder treatment outcomes in various treatment related areas, both across the last four fiscal years and in comparison to the state-wide outcomes for FY2015.

First, a comparison of Pathfinder’s FY2015 outcomes to those of the previous three fiscal years:

ARE NOT HOMELESS – FY15 = 98.66% This is the highest in the past four fiscal years.
 ARE EMPLOYED – FY15 = 77.78% This is the highest in the past four fiscal years.

These are the percentage improvement for admission to discharge for FY15:

ARE HOMELESS – FY15 = 62.50% - highest improvement in the past four FY’s.
 ARE NOT EMPLOYED – FY15 = 37.93% - highest improvement in past four FY’s.
 NO RECENT CJ INVOLVEMENT – FY15 = 87.72% - highest improvement in past four FY’s.
 IMPROVED GAF FUNCTIONING (1 pt) – FY15 = 100% - tied for highest in past four FY’s.
 IMPROVED GAF FUNCTIONING (5 pt) – FY15 = 62.77% - 2nd highest improvement in past four FY’s.
 ABSTINENCE AT DISCHARGE (ALCOHOL) – FY15 = 87.50% - lowest improvement in past four FY’s.
 TREATMENT COMPLETE – FY15 = 71.21% - highest improvement in past four FY’s.
 WAIT TIME (avg. # of days) – FY15 = 3.69 days – lowest wait time in past four FY’s.
 WAIT TIME (declined first apt.) – FY15 – 11.84 days – first year this statistic was given.
 LENGTH OF STAY (avg. # of days) – FY15 – 151.64 days – longest length of stay in past 4 FY’s.

These are a comparison of outcome values for Pathfinder verses programs state-wide:

| | <u>PATHFINDER</u> | <u>STATE-WIDE</u> |
|--------------------------------|-------------------|-------------------|
| ARE NOT HOMLESS (at discharge) | 98.66% | 98.01 % |
| ARE EMPLOYED (at discharge) | 77.78% | 60.24% |

Percent Improvement from Admission to Discharge:

| | | |
|--|-------------|-------------|
| ARE HOMELESS | 62.50% | 42.46% |
| ARE NOT EMPLOYED | 37.93% | 16.69% |
| NO RECENT CRIMINAL JUSTICE INVOLVEMENT | 82.72% | 54.74% |
| IMPROVED FUNCTIONING GAF (1 pt) | 100.00% | 80.42% |
| IMPROVED FUNCTIONING GAF (5 pts) | 62.66% | 61.57% |
| ABSTINENCE AT DISCHARGE (alcohol) | 87.50% | 78.64% |
| TREATMENT COMPLETE | 71.21% | 65.86% |
| WAIT TIME (average # of days) | 3.69 days | 2.45 days |
| LENGTH OF STAY IN TREATMENT | 151.64 days | 162.86 days |

AREAS OF STRENGTH AND IMPROVEMENT

During FY15, Pathfinder improved or tied its previous three fiscal years’ scores in a majority of the above measures (9 out of 11). Areas where there was not improvement are:

- 1). Improved GAF Functioning (5 pts)
- 2). Abstinence at Discharge (Alcohol)

Although Global Assessment of Functioning is no longer used in DSM-V, the State has chosen to continue to use it as an outcomes indicator. In an effort to maximize the correctness of GAF at admission and at discharge, the Executive Director will give a GAF scoring tutorial to all counseling staff at least once per quarter.

To more correctly reflect a client's alcohol use at discharge, counselors will be encouraged to more accurately report their knowledge of a client's alcohol use at discharge. Unless a counselor has direct knowledge of a client's alcohol use at discharge (self-report, urinalysis, etc.), they will use the "unknown" option on the State MIS form. In the past, counselors have sometimes reported the same frequency of alcohol use at discharge as at admission, if the client has dropped out of treatment.

During FY15, Pathfinder matched or exceeded the State-wide average in a majority of these measures (7 out of 11). Areas where Pathfinder was below the State-wide average were:

- 1). Are not homeless.
- 2). Are not employed.
- 3.) Wait time.
- 4.) Length of stay in treatment

In FY15, Pathfinder admitted eight homeless individuals. Of these, five found adequate living quarters. The remaining three dropped out of treatment very early in treatment. In the next year, Pathfinder will again partner with the COMEA Shelter for both temporary and long term housing. The Executive Director will also ask Cheyenne Housing Authority, Community Action, and the Salvation Army to come to a staff meeting to discuss how they might partner with us to better find housing for homeless clients.

Improving employment opportunities for clients can be accomplished by having a speaker from Wyoming Workforce Services attend each Pathfinder group at least once per quarter to discuss how Job Services works, as well as their testing and resume services. Individual clients can be referred directly. At least weekly, the employment listings in the local paper will be posted on group bulletin boards.

Wait time is already expected to improve due to the identification of a single counselor to do intake assessments. This value will be checked on the State's MIS system in December, 2015 to confirm this expectation.

As Pathfinder offers both outpatient and intensive outpatient (IOP), the State's MIS length of stay in treatment combines two treatment modalities into the same statistic. As Pathfinder was within only 11 days of the State-wide average, this statistic does not merit any action, but should continue to be monitored bi-annually.